

Support Services for Abused Women

Crisis Lines / Emergency Numbers

Police – emergency	911
Beauséjour Family Crisis Resource Centre Inc.....	506 533-9100
Child Abuse & Neglect	1 888 992-2873
After-hours Emergency Social Development	1 800 442-9799
Chimo Helpline.....	1 800 667-5005
Fredericton Sexual Assault Crisis Centre	506 454-0437

Free Shelters

L'Accueil Sainte-Famille Inc. (Tracadie-Sheila).....	506 395-1500
Crossroads for Women (Moncton).....	506 853-0811
Escale Madavic (Edmundston).....	506 739-6265
Fundy Transition House (St. Stephen).....	506 466-4485
Gignoo Aboriginal Transition House (Provincial).....	1 800 565-6878 / 506 458-1224
Hestia House Inc. (Saint John).....	506 634-7570
Maison de Passage House Inc. (Bathurst).....	506 546-9540
Maison Notre Dame (Campbellton).....	506 753-4703
Miramichi Emergency Centre.....	506 622-8865
Women in Transition (Fredericton).....	506 459-2300
Sanctuary House (Woodstock)	506 325-9452
Serenity House (Kent)	506 743-1530
Sussex Vale Transition House.....	506 432-6999

Outreach Support for Women

Acadian Peninsula	506 395-6233
Bathurst.....	506 545-8952
Campbellton.....	506 790-1178
Comté Charlotte County.....	506 469-5544
Comté Kent County.....	506 743-5449
Edmundston	
Cell.....	506 740-4888
Office.....	506 263-0888
Fredericton.....	506 458-9774
Kennebecasis Valley.....	506 847-6277
Miramichi.....	506 778-6496
Moncton.....	506 855-7222
Saint John.....	506 649-2580 / 506 632-5616
Shediac.....	506 533-9100
Sussex.....	506 433-6579
Woodstock.....	506 328-9680

Second Stage Housing for Women & Children

Liberty Lane (Fredericton).....	506 451-2120
Maison Oasis (Kent).....	506 743-5449
Residence of Hope (Shediac).....	506 533-9100
Second Stage (Moncton).....	506 857-4211
Second Stage Safe Haven Inc. (Saint John)	506 632-9289

Information

Premier's Council on the Status of Disabled Persons 1 800 442-4412
Public Legal Education and Information Service NB:
http://www.legal-info-legale.nb.ca/en/abuse_and_violence

For more information, see: <http://www.gnb.ca/ViolencePrevention>

What is abuse?

Abuse is any physical, sexual, emotional or psychological mistreatment such as:

- Slapping, hitting, punching, choking, grabbing, shoving, kicking you, your children or your pets
- Threatening you, your children, your friends, your family or your pets
- Hitting, kicking, or slamming doors
- Forcing or coercing you to have sex
- Calling you names, swearing at you, yelling
- Controlling all the money, even money you earn
- Blaming you or your children for everything
- Putting you down, making you feel like nothing you do is ever good enough
- Controlling where you go, what you do, what you wear, who you see, who you talk to
- Refusing to let you leave the relationship

What if you are being abused?

It's not your fault. Support and safety are available. There are people who care and are ready to listen. Talk to someone you trust. Call the numbers on this page. Keep asking for help until you get what you need.

How can you help someone who is being abused?

If you know someone is being abused, let them know you care and will listen.

- Show them this page, promote access to services in their community or a community of their choosing
- Believe them, listen to them and respect their privacy
- Help them plan for their safety. Outreach support for women and shelters appearing on the left side of this page can help with safety planning.
- Respect their right to make decisions about their life when they are ready. Information and support helps them make informed decisions.